

# Vandercook Lake High School

Class of 2021  
Presents



## Run/Walk

Dress up or come as you are. At the Halloween 5K Hustle you will run through halloween themes along the course, complete with killer soundtracks. Then afterward, join us for music and awards in the parking lot for half an hour after end of race. Awards include: Best Costumes & Age division winners.

Date: Sat. October 28, 2017

Location: Vandercook Lake High School

Time: Packet Pick up 4:30-5:20 p.m.

Race Time 5:30 p.m.

Cost: \$15 No T-Shirt; \$25 w/T-Shirt (must register before Oct 16)

Registration: visit [www.vandysschools.org](http://www.vandysschools.org) for registration forms and information.

Questions? Contact Mrs. Lefaive or Mrs. DuBois

# Vandercook Lake High School 5K Halloween Hustle

Saturday, October 28th

5:30 p.m.

5k Run/Walk

Benefitting Class of 2021

**Location: 1000 E. Golf Ave; Jackson, MI 49203**

**PACKET PICK UP: 4:30-5:20; High School Parking Lot**

**POST RACE: Stay after race for awards and music; Prizes given to 1<sup>st</sup> place finishers in each category:**

**Men's/Women's 18 and under**

**Men's/Women's 19-30**

**Men's/Women's 31-50**

**Men's/Women's 51 and over**

**Men's/Women's Best Costume**

**PLEASE COMPLETE THE FOLLOWING APPLICATION AND DROP OFF/MAIL TO SCHOOL WITH YOUR CHECK PAYABLE TO: Vandercook Lake 2021**

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**FIRST NAME** \_\_\_\_\_ **LAST NAME** \_\_\_\_\_

**STREET ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **zip** \_\_\_\_\_

**Referred by which 2021 student:** \_\_\_\_\_

**DATE OF BIRTH mm/dd/yy** \_\_\_\_/\_\_\_\_/\_\_\_\_

**SEX (CIRCLE ONE) M F**

**SHIRT SIZE (CIRCLE ONE) YS YM S M L XL XXL (add \$1.50)**

**ENTRY FEES:**

**\$15.00 No T-Shirt**

**\$25.00 w/T-Shirt (Must register before October 16)**

**\$15 RACE DAY ENTRANTS (extra shirts will be available for \$10, s-xl)**

## **PLEASE READ AND SIGN THE PARTICIPATION WAIVER BELOW**

I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, cold, traffic and the conditions of the road [cross country trail contains roots, dock, trees, hills, other trail hazards], all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Vandercook Lake High School, the city of Jackson, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

**Signature** (parent or guardian required if under 18) \_\_\_\_\_

**Date** \_\_\_\_\_

**Questions? Call Donna LeFaive**

**(517)782-8167 Ext. 6306**

**donna.lefaive@vandyschools.org**